

KINDERLAND MENU

MAR 2025

LUNCH SERVICE TIMES: Inf/Trans 11:00 a.m. / PreS/SA 11:30 a.m.

Unflavored MILK served with Breakfast & Lunch: 1 Yr Olds=Whole Milk, 2+ Yrs =Fat Free Milk

At least one serving of GRAINS per day are 100% Whole Grain, or Whole Grain Rich

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
3	4	5	6	7
Waffles	English Muffin WGR	WGR Cold Cereal	WW Oatmeal	WGR Cold Cereal
Fruit Cocktail	Mango	Apricots	Banana	Blueberries
Hot Dog/Bun	Broccoli Rice Cheese	Pepperoni Pizza	Chicken Veggie	Ham/Chz Sand WGR
Veg Chili	Casserole	Green Salad	Soup, Saltines	Mixed Vegetable
Mandarin Oranges	Peaches	Olives	Pears	Mixed Fruit
Cheese Slices	Apple Slices	Strawberry	Yogurt	Soft Pretzels
Ritz Crackers WGR	Peanut Butter	Shortcake	Graham Cracker	Cheese Sauce
10	11	12	13	14
Pancakes	Bagel	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
Applesauce	Mandarin Oranges	Banana	Apricot	Mango
Beef Nachos	SweetnSassy Chicken	Chili, Corn Bread	Chicken Pot Pie	Grilled Cheese Sand WGR
Refried Beans	Rice, Corn	Corn	Biscuit WGR	Mixed Vegetables
Mango	Peaches	Pears	Fruit Cocktail	Mixed Fruit
Juice	English Muffin	Banana	Mini Bagel/Cr Chz	Cinn Graham Cracker
Popcorn WGR	Pizza WGR	Goldfish WGR	Orange Slices	Kiwi
17	18	19	20	21
WGR Cold Cereal	Biscuit/Gravy	WGR Cold Cereal	WW Cinnamon Toast	WGR Cold Cereal
Apricots	Cantaloupe	Blueberries	Fruit Cocktail	Mango
Corned Beef/Hawaii Roll	Chicken NuggetsWGR	Taco, Lettuce	Broccoli Cheddar Soup	Chicken Salad Sand WGR
Cabbage/Carrots	French Fries	Tomato	PB Sandwich	Mixed Vegetable
Mashed Potatoes	Banana	Mandarins	Fresh Apple Slices	Mixed Fruit
PBJ	Yogurt	Cheez Its	Peanut Butter	Chick'n In a Biskit
Sandwich WGR	Grapes	Banana	Pretzel Sticks	Baby Carrots
24	25	26	27	28
Waffles	English Muffin WGR	WGR Cold Cereal	WW Rice Cake	WGR Cold Cereal
Applesauce	Pears	Fruit Cocktail	Apricots	Mandarin Oranges
Corn Dog WGR	Sausage Patty	Cheeseburger/Bun	Mac & Cheese	PBJ WGR, Chz Stick
Peas	Hash Browns	Tater Tots	Green Beans	Mixed Vegetables
Cuties	Biscuit/Applesauce	Peaches	Cinnamon Apples	Mixed Fruit
Rice Cakes WGR	Pineapple	Wheat Thins WGR	Gardettos	Pretzels
Peanut Butter	Cottage Cheese	Cheese Stick	Raisins	Grapes
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French Toast			Infant Substitutions	
Pears			Peanut Butter, Raisins	" This institution is an equal opportunity provider"
Baked Chicken/Rice			Hot Dogs, Raw Carrots	
Creamed Corn			Celery, Grapes, Olives	
Strawberries				
Ritz Crackers WGR			Corn Cob, Chips	
Ham Slices			Hard Crackers, Popcorn	